Why Become a Volunteer with Playgroup NSW:

About Playgroup NSW

Playgroup NSW is a not-for-profit organisation committed to supporting children, families and communities across New South Wales. Our vision is to make playgroups accessible to families in every postcode, providing opportunities for connection, learning and wellbeing.

Research shows that children who attend playgroups benefit from positive developmental outcomes as they prepare for school. Playgroups provide a safe environment where children can explore, play, build confidence and develop social skills alongside their parent or carer.

Playgroups also create valuable opportunities for parents and carers to meet other local families, share experiences and build support networks that can last throughout their parenting journey.

Why Volunteer?

Volunteering at a playgroup is a rewarding way to make a positive difference in your community.

Volunteering with Playgroup NSW at a community playgroup allows you to:

- Support children's learning and development.
- Help families build local friendships and support networks.
- Create opportunities for community connection.
- Develop your own skills and confidence.
- Experience the personal benefits of volunteering, including increased wellbeing, satisfaction and a sense of purpose.

By volunteering at a community playgroup, you are helping parents and carers in their role as their child's first and most important teacher while creating a welcoming space where families can learn, connect and grow together.

What is a Community Playgroup?

Community playgroups are:

- Led by local volunteers who are passionate about supporting children and families.
- Typically run for one to two hours per session.
- Flexible and responsive to the needs of local families.
- Delivered in safe, accessible community venues.
- Inclusive and welcoming of all families.
- Designed to provide play experiences that support children's learning and development.
- A place where families can build friendships and feel connected to their community.
- Structured to include a mix of free play, creative experiences, group time, morning tea and outdoor play.

For more information about how to start a new community playgroup, please go to the Volunteer Resource Hub or contact Playgroup NSW on 1800 171 882 or admin@playgroupnsw.org.au