

Mortlake Playgroup

Playgroup suburb
Mortlake

Volunteer Name
Angela



Venue type

- Community Centre
- Church
- Park
- School
- Preschool
- Other

How many playgroups do you run each week? 1 per week on a Friday morning from 9.15am until 10.30am.

Average attendance
Adults: 5 **Children:** 5

How many years has your playgroup been operating?
Since 2022.

How many years have you been leading your playgroup?
18 months.

How do you advertise your playgroup? Church billboard, Parish newsletter.

What makes a good playgroup thrive? Having a welcoming community which is inclusive and welcomes all individuals.

What creative and fun activities do you do at your playgroup? At St Patrick's Mortlake, our playgroup takes place in the parish hall, children are provided with soft connectable mat's to play on.

There are different corners on our mat's; home corner, supermarket, magnetic tiles, building blocks.

We also have a large table where one side of the table is designated to book reading and the other side of the table is designated to drawing.

Please share with us the impact of playgroups: Playgroups play such an important part of our community.

For children, playgroup focuses on wellbeing, developing social skills such as sharing, turn taking and communication with others. It also supports their emotional development, confidence and sense of belonging. Playgroup can provide children who don't attend daycare a smooth transition into pre school or school settings.

For parents, playgroups can reduce a sense of isolation, especially for new and first time parents. It provides increased confidence and reassurance in their parenting experiences as well as providing them with a safe place to ask questions related to parenting.

For our community, playgroup provides a sense of belonging and support, building strong local connections, encouraging inclusiveness and participation. It also strengthens relationships between families and services.

My personal involvement in playgroups has strengthened my understanding of the importance of play based learning and community connections for children. It has reinforced my beliefs as both a parent and an educator that children need to feel safe and supported in their environments, feeling connected in order to grow socially and emotionally.

Describe your playgroup in 3 words? Inclusive, connected, welcoming.

MAP NSW

