

# FIND THE PERFECT PLAYGROUP FOR YOUR FAMILY

We offer community playgroups catering to a range of children from babies to school age.

Hundreds of these general playgroups meet across NSW each week. We also have groups focussing on families with babies, fathers, grandparents, Indigenous families, first-time mothers, various languages and more. In addition, we run a variety of facilitated playgroups and peer support groups for families with children with additional needs.

Playgroups all over NSW have vacancies for new families just like yours. Use our website's Find a Playgroup search tool to locate a playgroup in your community. If you have any questions, ring our Playgroup Support Team.

## Start a playgroup

If there isn't a playgroup near you, or if you want to focus on a language, culture or particular interest, you may want to start a playgroup. For information, visit our website or ring our 1800 number.

FREE CALL  
1800 171 882

playgroupnsw.org.au

# PLAYGROUP NSW MEMBERSHIP

Families can attend two playgroup sessions and then need to become a Playgroup NSW member to continue to participate at your local playgroup.

Family Membership can include up to five children and their parents and other caregivers.

## Membership benefits include:

- Unlimited access to over nearly 800 weekly playgroup sessions across NSW
- Comprehensive insurance that covers all family members when attending Playgroup NSW affiliated playgroups and events
- Monthly eNewsletter subscription that includes competitions for members to win free products and event tickets
- A range of special offers with our partners, including discounts to entertainment and events for families with young children.

BECOME  
A MEMBER  
FOR  
FREE!

## It's easy to become a Playgroup NSW member:

- To give families with young children and babies an extra incentive to start going to playgroup, we're offering FREE five year Playgroup NSW membership to all families with children up to five years.

Your local playgroup may charge a small additional weekly/term session fee to cover the ongoing costs of craft, toys and venue hire.



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Playgroup  
NSW

FREE  
MEMBERSHIP FOR  
FAMILIES WITH A  
CHILD UP TO 5YRS



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## WHAT IS PLAYGROUP?

Playgroup is one of the first, and most important, social networks for children and families.

Playgroup is a lightly structured, informal gathering where parents, other carers, babies and children up to school age come together in a relaxed and friendly environment to connect, play and learn.

Playgroups are generally held once a week for two hours usually in the morning at a variety of community venues. They may involve craft activities, indoor and outdoor play, music and morning tea.

PLAYGROUP HAS HELPED MY CHILDREN LEARN ABOUT FRIENDSHIP, BELONGING AND THAT PLAYING WITH OTHERS IS FUN.

## HOW PLAYGROUP BENEFITS YOUR CHILD

- Provides opportunities for creative, unstructured learning through play
- Builds attachment between adults and children as they play together and share time and experiences
- Helps children develop social skills as they learn to interact with others, take turns, share and make friends
- Provides experiences that enable them to manage stress and adapt to change
- Offers opportunities for children to explore, invent, reason and problem solve

## HOW PLAYGROUP BENEFITS FAMILIES

Playgroup is a wonderful opportunity to meet other people in a similar situation. It gives you the chance to make new friends, learn from one another and develop a supportive local network for you and your family.

### Playgroup offers you and your family:

- A place where parents and carers can support each other through sharing ideas, parenting experiences, concerns and information
- A place where families can build long-term friendships as their children grow and transition to school
- An affordable and regular opportunity to enjoy a shared outing

PLAYGROUP IS FUN, SOCIAL AND PART OF OUR WEEKLY ROUTINE.

PLAYGROUP HAS BECOME A COMMUNITY AND SUPPORT NETWORK FOR ME AND OTHER PARENTS.

