

## ART

### ACTIVITY

Painting is a quick and easy way to engage your children in a creative and sensory activity. The following recipe is for a simple (and taste safe) paint that you can make using a couple of pantry staples!



#### What you need:

- ½ Cup All Purpose Flour
- ½ Cup Salt
- ½ Cup Warm water
- Food colouring
- Large mixing bowl
- Whisk (or a fork)
- Zip Lock bags (optional)

#### Language you can use!

+ Use action words as you go through each step, such as “I’m mixing” and “you’re pouring!” Encourage your child to help you.

+ Talk about the colours you are using and mixing in e.g. “Here’s blue – let’s mix it in!” and “My paint is red! Like your lips!”

# DIY Paint!

#### What to do:

- + Pour flour, salt and warm water into mixing bowl and whisk until smooth (add more water as required).
- + Separate mixture into 2-3 zip lock bags (depending on how many colours you’re making) – you can also separate into 2-3 small bowls.
- + Put in food colouring (depending on how vibrant you want the colour) and mix. If you are using zip-lock bags to mix your paint – encourage the kids to have a go at squishing and mixing for you!

#### What your child is learning from the Early Years Learning Framework (EYLF)

- + Outcome 4.1: Children develop dispositions for learning such as curiosity, cooperation, confidence, creativity, commitment, enthusiasm, persistence, imagination and reflexivity