

SENSORY

ACTIVITY

Bubble foam is a fun and easy to make activity, that support's your child's sensory development, as well as creativity, exploration and language development.

What you need:

¼ cup of liquid soap – dishwashing liquid, liquid hand soap, body wash.

½ cup of water

Food colouring – 2 or 3 different colours

Whisk

Language you can use!

+ Label objects you are using e.g. “bowl, soap and water!”

+ Talk about your actions e.g. “I’m mixing round and round!”, “pour”, “stir”, “splash”

+ Talk about what you see e.g. “Look at the soft foam!”

Bubble Foam!



What to do:

- + Combine food colouring, soap and water into a large bowl and whisk rapidly for several minutes.
- + The mixture should form stiff peaks and there should be no water remaining – only foam.
- + If you want to make different colours, just repeat the steps in a new bowl, then transfer to a large tub.
- + Have fun putting things to explore in your bubble foam! You could put cars and trucks, dinosaurs, sea animals, measuring cups, bowls and spoons.

What your child is learning from the Early Years Learning Framework (EYLF)

- + Outcome 4: Children are confident and involved learners
- + Outcome 5: Children are effective communicators